

# Shake Your Beauty

**Nia Long**, star of WeTV's *The Divide*, checks in about a few of her favorite things. Ladies, get your coins up.

Nia Long is one of our favorite momshells (you know, a mom with an oversized dose of bombshell), so we couldn't wait to hear about her new role as the beauty ambassador for Elizabeth Taylor's White Diamonds Lustre. Massai and Kez's mama caught up with Team Juicy at the ultra swanky Mark Hotel in NYC to talk scents, facials and lust-have products. Oh, and if you want to give this vet a token of your appreciation, come bearing some rosewater or luxe scented candles.

—PAULA T. RENFROE AND TAIHA SMART YOUNG



NIA LONG (MAIN PHOTO); SARA DE BOERS/TARTRACKPHOTOS.COM; NIA (SHORT HAIR); TERENCE JENNINGS/REINA; NIA LONG HAIR: WENDY PLOGER

**Congrats on becoming the beauty ambassador for White Diamonds Lustre! Finish this sentence. When I spray on White Diamonds Lustre I feel \_\_\_\_\_.**

Five different words popped in my head. I feel luminous. It's one of those fragrances that makes you feel feminine and pretty. It feels glamorous, but it's not overpowering.

**How do you get your gorgeous glow?**

There's an amazing facialist here in New York. Her name is Mamie [at Skin By Mamié]. She's very affordable. I'm a true believer in hydration, exfoliation, microdermabrasion and oxygen treatments. If you don't really get in there and exfoliate, you start to see discoloration in certain areas.

**Which facial cleanser do you adore?**

I love Dr. Lancer's products if you want something more clinical and medicinal because it has glycolic [acid] and lightening agents. You should switch off with more natural products too. I love Yon-ka's eye cream. I love Lancer's face scrub, it's called Polish. I hope these people are going to give me some free treatments! [Laughs] Dr. Lancer loves me. He's said, "You're one of my most fun clients. When you come in here you're always smiling." I'm like, *I have to smile—I'm about to drop a bunch of money!*

**So which makeup remover does the trick?**

You know what I love? The Neutrogena makeup wipes. They are the best. I go to Costco and buy the big box and split it with one of my girlfriends, because it's like, *Where do you put all of these?* Here's a little tip, if the towelettes dry out, put a little water there to make it come back to life.

**Your nude lip is always so stunning...**

I'm the queen of finding the right nude lipstick. The key is to use your foundation to take any color off your lips—so that you're starting with a blank canvas—and then apply the lipstick [on top of the foundation]. As Black women we have pigment in our lips. One of my favorites is by MAC and it's called Crème in Your Coffee. Right now I'm wearing Crystal Doll by Estée Lauder. I also have something underneath it. You gotta mix the colors. There's no magic in the bottle for the nude lip.

**While we're on the topic of royalty, you were the queen of the short-hair-don't-care movement, can we expect you to return to #thecutlife anytime soon?**

I have been struggling with this idea. Part of me loves short hair and part of me doesn't want to have short hair again. I have a love-hate relationship with the image of my old self. I know how much work it requires. I don't want to put any chemicals in my hair anymore. I let my relaxer grow out so I'm getting to know my hair again... I learned to love my hair even when it isn't as easy as I'd like it to be.



Beauty Tools

1. **Neutrogena** Makeup Remover Cleansing Towelettes, \$7, [neutrogena.com](http://neutrogena.com)
2. **White Diamonds Lustre** 3.3 oz., \$68, [macys.com](http://macys.com)
3. **Estée Lauder** Crystal Doll, \$26, [esteelauder.com](http://esteelauder.com)
4. **Yon-ka** Phyto-Contour, [yonkausa.com](http://yonkausa.com) for purchase info
5. **MAC** Crème in Your Coffee, \$16, [maccosmetics.com](http://maccosmetics.com)
6. **Lancer** The Method: Polish, \$75, [lancerskincare.com](http://lancerskincare.com)